

AOD Services Katherine, Arnhem Land & Tennant Creek

- AOD Team

Alcohol and Other Drugs Team Katherine provides counselling, community development, education, and training.
Contact P: (08) 8973 8947 or (08) 8973 8403
- Venndale

Venndale Rehabilitation and Withdrawal Centre located in Katherine residential alcohol and other drug rehabilitation centre with medical supervision for each individual client.
Contact P: (08) 8972 3588 or (08) 8973 8403
- AOD Barkly

Alcohol and Other Drug Services Central Australia Barkly provides brief interventions for people at risk of alcohol and other drug problems and counselling.
Contact P: (08) 8962 4001 or (08) 8972 7199
- Bradaag

Barkly Region Alcohol and Drug Abuse Advisory Group is an alcohol and other drug residential and day program for Aboriginal and non-Aboriginal clients.
Contact P: (08) 8962 1912
- East Arnhem

Alcohol & Other Drug Service East Arnhem, Community Development Program provides support, community development and limited counselling services for people with alcohol and other drug problems.
Contact P: (08) 8987 0445
- Special Care Centre

Nhulunbuy Special Care Centre offers residential rehabilitation including assessment, counselling, ambulatory and withdrawal management, referral and follow up services.
Contact P: (08) 8939 2900
- ACAC

Anyinginyi Congress Aboriginal Corporation offers counselling and support services for Aboriginal clients with alcohol related issues.
Contact P: (08) 8962 2028

This pamphlet has been developed by the Menzies School of Health Research Aboriginal and Islander Mental Health Initiative Team. This project was funded by the Australian Government.

For more information please visit the AIMhi website at www.menzies.edu.au/AIMHI or contact info@menzies.edu.au

Mental Health Services Katherine, Arnhem Land & Tennant Creek

- ANGLICARE

Anglicare offers counselling & therapy for the social and emotional wellbeing of young people.
Contact Darwin P: (08) 8985 0000
Contact Nhulunbuy P: (08) 8987 3022
- Tennant Creek Hospital (twenty beds) provides short term aid for people experiencing mental illness or AOD issues needing urgent medical attention.
Contact P: (08) 8962 4399
- Domestic Violence Services Katherine, Arnhem Land & Tennant Creek
- KAFSU

Katherine Aboriginal Family Support Unit provides aid for families with domestic violence issues.
Contact P: (08) 8972 3200
- Women's Refuge

Tennant Creek Women's Refuge
Contact P: (08) 8962 1940 or Toll Free: P: 1800 114 904

Mental Health Services	
Katherine	(08) 8973 8724
Tennant Creek	(08) 8962 4300
Alice Springs	(08) 8951 7710
Nhulunbuy	(08) 8967 0415
Domestic Violence Counsellors	
Darwin	(08) 8945 6200
Alice Springs	(08) 8952 6048
Katherine (CatholicCare)	(08) 8971 0777
East Arnhem	(08) 8987 0403
Jabiru	(08) 8979 9999
Community Care Centres	
Casuarina	(08) 8922 7301
Palmerston	(08) 8999 3344
Community Health Centres	
Alice Springs	(08) 8951 6711
Jabiru	(08) 8979 2018
Katherine	(08) 8973 8570
Tennant Creek	(08) 8962 4218
Alyangula Health Centre	(08) 8987 6255
Angurugu Health Centre	(08) 8987 6311
Miwatj Health Centre	(08) 8939 1900
Wurli Wurlinjang Health Centre	(08) 8971 7756
Nhulunbuy Health Centre	(08) 8987 0365


An Australian Government Initiative





Yarning about

Services



A guide to services for people seeking help with alcohol and wellbeing concerns

Mental Health Services Darwin



headspace Top End a youth health service for young people aged 12 -25. Counselling, support & information around mental health and drug & alcohol use.
Contact P: (08) 8931 5999 F: (08) 8931 5995
Toll Free: P: 1800 659 388 or Central Australia (08) 8958 4544



Somerville Services offers counselling and support, financial literacy counselling and family support groups
Contact P: (08) 8920 4100



Top End Mental Health Services - Tamarind Centre for people experiencing mental health problems. Provides assessment, referral, inpatient services, 24-hour emergency assessment service.
Contact P: (08) 8999 4988



TEAMhealth provide services to people & families affected by mental illness. Programs include; Recovery Assistance Programs, Sub Acute Care, Family and Youth Services, Community Housing.
Contact P: (08) 8943 9600



Wisemind Psychology is a counselling service. Sessions can be subsidised by Medicare with a mental health care plan from a GP.
Contact P: (08) 8981 5392

Domestic Violence Services Darwin



DAIWS offers counselling and healing services, relationship education and problem solving for Aboriginal and Torres Strait Islander men.
Contact P: (08) 8947 0322 or (08) 8945 2284



Dawn House 24 hour crisis accommodation and support for women accompanied by children who are experiencing or escaping domestic or family violence.
Contact P: (08) 8945 1388

Mental Health Support Northern Territory Crisis Assessment

Telephone Triage and Liaison Service
P: 1800 682 288 (1800 NT CATT)

Alcohol and Other Drugs Program Directorate

P:(08) 8922 8399 (Darwin)
P:(08) 8951 7580 (Central Australia)
P:1800 131 350 (Territory wide)

AOD Services Darwin



AL-ANON Family Groups provides help from the effects of living with the problem drinking of someone close. For families and friends of alcoholics.
ALATEEN is a recovery program for young people affected by the problem drinking of a close family member.
Contact P: 1300 252 666 (1300 ALANON)



Alcoholics Anonymous is a group of men and women who share their experiences in order to recover from alcoholism.
Contact P: (08) 8948 5202 or Alice Springs (08) 8953 0802



AMITY offers counselling service for people with alcohol and other drug problems.
Contact P: (08) 8944 6565 or Toll Free: P: 1800 684 372



Banyan House offers withdrawal and rehabilitation services and self-help community treatment for people with alcohol problems (18 years +) Referral from AOD services or client.
Contact P: (08) 8942 7400 or (08) 8997 1000 F: (08) 8947 1093



CAAPS residential withdrawal & outpatient treatment for Aboriginal people & their families. Self referral, family referral with consent.
Contact P: (08) 8922 4800 F: (08) 8922 4837



Catholic Care NT offers help for people and family members affected by alcohol and other drug problems.
Contact P: (08) 8944 2000 or (08) 8932 9977 F: (08) 8932 9977



Danila Dilba Counselling offers culturally appropriate help and counseling services for Indigenous people and community.
Contact P: (08) 8943 5100 F: (08) 8941 5464



FORWAARD is a residential treatment centre for Indigenous people with alcohol and other drug issues. Self referral or other agency referral accepted.
Contact P: (08) 8923 6666 F: (08) 8981 7717



Mission Australia offers a Sobering Up Shelter, Community Day and Night Patrols, Palmerston Youth Beat and Outreach Services.

Contact P: (08) 8935 0900



Drug and Alcohol Services (Sunrise Centre) offers a withdrawal program, residential/nonresidential rehabilitation and aftercare services.
Contact P: (08) 8997 1000 F: (08) 8997 1099



Tobacco Alcohol and Other Drug Services offers assessment, counselling, treatment and referral, withdrawal services, consultancy services, pharmacotherapy clinic, brief intervention and clinical services.
Contact P: (08) 8922 8399

AOD Services Alice Springs



Alcohol and Other Drugs Services Central Australia provides non-residential counselling, home detoxification, community development and specialised assessment, treatment and referral for people affected by alcohol and other drugs.
Contact P: (08) 8951 7580



BUSHMOB is a residential rehabilitation program for people (12 – 25) with alcohol and drug problems, offering an outreach counselling service and case management service.
Contact P: (08) 8953 3798



Central Australian Aboriginal Alcohol Programs Unit provides residential, day and aftercare treatment programs for Aboriginal people with alcohol-related issues.
Contact P: (08) 8955 4600



Drug & Alcohol Services Association is a community based service offering both residential and non-residential counselling/treatment. Also provides a non-medical detoxification service and manages the sobering up shelter.
Contact P: (08) 8952 8412



Holyoake Alice Springs Inc. is a service for adults and children who are affected directly or indirectly by alcohol and other drug use.
Contact P: (08) 8959 4780

Mental Health Services Alice Springs



Central Australian Aboriginal Congress Safe & Sober Support Service is an outreach service providing cultural and social support, advocacy, medical care and therapy to Aboriginal people.
Contact P: (08) 8959 4780



Central Australian Mental Health Service Culturally appropriate clinical mental health services inc. mobile support assessment team, inpatient/hospital treatment.
Contact P: (08) 8951 7710



Mental Health Association of Central Australia offers psychosocial support and rehabilitation together with a Day to Day Living in the Community program and a drop-in centre.
Contact P: (08) 8950 4600

Domestic Violence Services Alice Springs



Alice Springs Women's Shelter provides a range of services for women and children experiencing domestic and family violence.
Contact P: (08) 8952 6075