

RESEARCH CQI + Research + Change Advocates = **Improvements in Primary Health Care**

Veronica Matthews1, Cynthia Croft1, Gill Schierhout1, Jo Newham2, Stef Puzska1, Jacki Ward3, Ru Kwedza45, Cath Kennedy6, Tricia Nagel1,7,89 and Ross Bailie1 ¹Menzies School of Health Research, ²University of South Australia, ³Combined Universities Centre for Rural Health, ⁴Queensland Health, ⁵University of New South Wales, ⁶Maari Ma Health Aboriginal Corporation, ⁷Flinders University, ⁸James Cook University, ⁹Top End Mental Health Services

Background

ABCD projects that used a CQI approach to improve quality of care in Aboriginal & Torres Strait Islander primary health care services

- > improvements in health service systems & intermediate health outcomes
- > evidence of variation in quality of care between health services and regions

Organisation State/ RESEARCH Territory **NACCHO** Health **Affiliate** Dept (n=3)(n=4)One21seventy **Primary Health Care**

Services

(*n=110)

Our aim is to

- > understand variation in quality of care between health centres & regions
- > identify strategies that have been effective in improving the delivery of care
- > work with partners to disseminate findings & translate findings into effective & successful strategies

Methods: Participatory Research



NATIONAL LEVEL

Regular data analysis

LOCAL LEVEL

Regular local health service level data analysis

ealth services

Align issues & identify & identify prioritise project articipants

Research other data collection quantitative & analysis

*number of participating

organisations expected in 2012

Disseminate present outcomes to participating

Implement learnings

Current strategies

Challenges

Forward Strategies

Collaborative and equitable partnerships

- > national and regional structures
- > build local & Indigenous research capacity
- > Project Co-ordinating Centre facilitating national & regional processes
- > differing stakeholder interests & experience
- > support for developing researchers
- geographic spread & diversity of partners
- > support for local & Indigenous researcher involvement
- > connect with Indigenous study units in universities
- ➤ flexible communication

Build on existing strengths

- > ABCD research project reputation
- > diverse knowledge & experience of partners
- > organisational commitment to quality improvement
- > individual CQI advocates

participatory research^a

of

Principles

- > data sharing reservations
- > using diversity to fullest potential
- changing organisational priorities
- ➤ unfavourable perceptions about research & CQI ➤ communicate success stories widely
 - > facilitate locally driven research that builds on local knowledge, experience & relationships
 - > research is relevant & transferrable

Engage in research that is cyclical and iterative

- > partners jointly identify research priorities
- documented research processes reflect cyclical & participatory approach
- > cyclical approach meets partners needs e.g. differing timeframes & contexts
- > engaging service providers throughout the cycle
- > new research builds on previous findings
- > dissemination & translation of findings in timely

Invest in long term relationships

- > influence partners / policy makers to recognise the value of collaborative research
- > establish processes that facilitate sustainable networks
- staff turnover
- > competing agendas
- > time limited project funding
- > creating environment where the partnership approach is widespread
- demonstrate benefits of collaborative CQI research
- enhance connections between researchers & services
- > building relationships at multiple levels with a diverse range of stakeholder organisations

Conclusion Building an effective research partnership is challenging. The principles of participatory research provide a sound foundation for a partnership that should be sustainable beyond the life of the current research project. Consultation, participatory planning, clear communication between diverse stakeholders and meaningful engagement with health services have underpinned success to date

Reference: a) Schmittdiel J A et al. (2010) System-Based Participatory Research in Health Care: An Approach for Sustainable Translational Research and Quality Improvement. Ann Fam Med. 8(3):256-259

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Website: http://menzies.edu.au/abcd | Email: ABCD@menzies.edu.au | Phone: 07 3309 3400 | Post: 147 Wharf St Spring Hill Qld 4000