

MEDIA RELEASE

Menzies celebrates 40 years of impact with release of Menzies Collection

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Menzies School of Health Research (Menzies) is proud to announce the release of the Menzies Collection - a special Medical Journal of Australia (MJA) publication - to mark its 40th anniversary in 2025.

This commemorative collection highlights 10 significant research papers that reflect Menzies' longstanding and meaningful contributions to the health and wellbeing of Aboriginal and Torres Strait Islander communities, and to the broader scientific and medical research landscape in Australia.

Founded in Darwin in 1985, Menzies has been at the forefront of Aboriginal and Torres Strait Islander health research in the Northern Territory and beyond. As the founding director Professor John Mathews said at the time of its establishment, Menzies was created to contribute to "the debate on Aboriginal health by helping fill gaps in understanding, communication and implementation."

"Since then, Menzies has continued to attract expert staff, identify areas of unmet need, test innovative interventions, and critically evaluate and advocate for Aboriginal health policy based on evidence about what works," said Menzies Director Professor Alan Cass AO.

The Menzies Collection showcases landmark research from the past four decades, including four papers that received the MJA Award for Best Original Clinical Research. The collection features research on urgent and ongoing issues such as the rising rates of diabetes in young First Nations Australians, the prevention and management of acute rheumatic fever and rheumatic heart disease, otitis media, and systemic barriers in the health system that continue to affect First Nations Australians.

"These articles represent the best of what research can offer - genuine community partnerships, meaningful collaboration, and impact that shapes clinical guidelines, informs policy, and improves health outcomes," said Professor Cass.

Each paper in the collection reflects Menzies' deep commitment to community-centred research, knowledge translation and education. While Menzies' roots remain firmly in the Northern Territory, its reach now extends across Northern Australia and the Asia-Pacific, tackling critical health challenges through expanded partnerships and research excellence.

"This collection illustrates the growth, evolution and sustained impact of Menzies over 40 years," said Professor Cass.



"We are proud to share this work with the research community and our partners, and to continue building on this legacy."

The Menzies Collection is available online via the Medical Journal of Australia. https://www.mja.com.au/journal/collection/menzies

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About Menzies School of Health Research

Menzies is at the forefront of health and medical research dedicated to improving the lives of peoples across the Northern Territory, Asia Pacific and beyond. By joining scientific knowledge with community wisdom, Menzies strives to Close the Gap, and shape a healthier, more equitable future where communities can thrive.