

PANDORA NEWSLETTER

(NT Diabetes in Pregnancy Study)

Merry Christmas to all our PANDORA mothers and babies. 2015 has been a busy year for the study. We now have over 850 women who have joined the study from throughout the NT since 2012 and we plan to keep recruiting for one more year. We have been fortunate to receive more funding, which has allowed us to extend the follow up period and start Wave 1.

Most of you now would have been contacted either by phone or email survey and asked the “follow up” questions. We aim to contact you 3 times after your baby is born- at 6 weeks, 6 months and after 2 years.

The main areas we are interested in are the growth and feeding patterns of your child for the first 3 years. We are also interested in your health and the changes that have happened to you since the birth of your child.

A big thank-you to all our families who have shared so much information with us. You are all very generous with your time and we truly appreciate it.

In 2016, if you live in the NT, we will start to visit many of you for PANDORA Wave 1. This is a physical examination of you and your child. When your child is between 1 ½ and 4 years, we will send you more information about the next exciting phase of PANDORA. Look out for it!

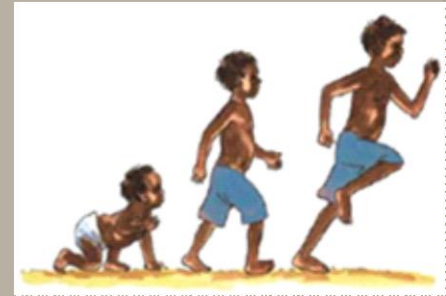
Keep your contact details up to date.

Please keep in touch! If you have changed your contact details please let us know:

Ph: 08 8946 8695 Email: Pandora@menzies.edu.au

Facebook: Menzies Pandora. (A closed group for the PANDORA women only)

December 2015



“PANDORA”

*Pregnancy And Neonatal
Diabetes Outcomes in
Remote Australia*



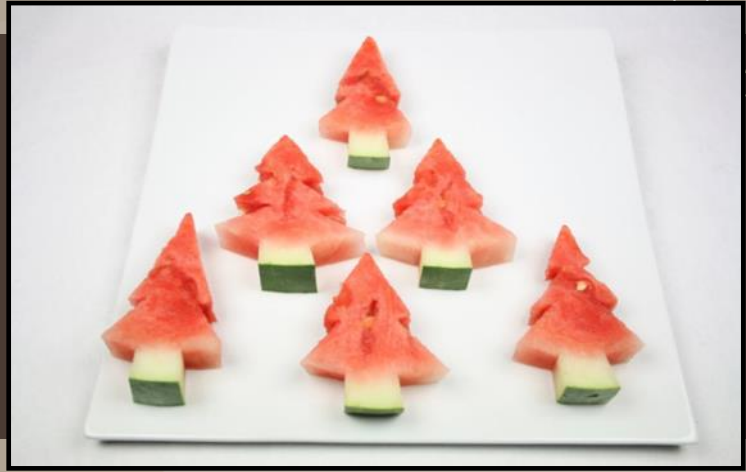
*discovery for a
healthy tomorrow*

IT'S OK TO PLAY WITH YOUR FOOD!

Tis the season to be jolly
especially when it's time to eat.

Christmas time can give us a
chance to look at our food in a
healthy and fun way.

Seeing food as fun can get the
kids much more excited to eat
their fruits and vegetables.



Merry Christmas

Key Contact

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