

An illustration of a woman with long dark hair, wearing a blue top, holding a baby wrapped in a blue blanket. The woman has her eyes closed and a gentle smile. The background is a dark brown color with pink and white circular patterns. The text 'SEE MIDWIFE' is written in large, bold, yellow letters in the upper right corner.

SEE MIDWIFE

YOUR MIDWIFE IS HERE TO LOOK AFTER
YOU AND BABY.

SEE YOUR MIDWIFE EARLY TO MAKE SURE
YOU AND BABY STAY STRONG AND
HEALTHY

A small logo in the bottom left corner featuring a stylized map of Australia with a handprint inside it.

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Preterm Birth
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STOP SMOKING

SMOKING CAN CAUSE HARM TO YOUR
BABY INCLUDING BEING BORN TOO EARLY
OR NOT GROWING UP PROPERLY

SCAN

HAVING A SCAN OF YOUR BABY PROVIDES
VERY IMPORANT INFORMATION ABOUT YOU
AND YOUR BABY
TALK TO YOUR MIDWIFE ABOUT GETTING A
SCAN



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