

The eGFR3 Study is a research project learning about:

- long term kidney health changes in Aboriginal and Torres Strait Islander adults (Aim 1-2)
- the reasons people with kidney disease need hospital care (Aim 3)
- how working with community creates kidney health action (Aim 4)



Central Australia



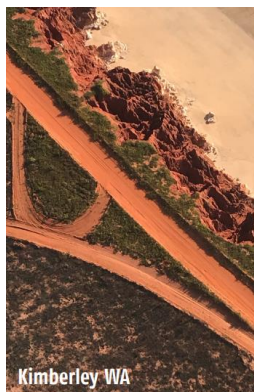
Goldfields WA



Far North Queensland



Top End NT



Kimberley WA

**The study is led by Research, Clinical and Aboriginal and Torres Strait Islander Community Governance groups.**

The first eGFR study super governance group meeting in August 2021 allowed us to reflect on the role of Indigenous Governance in the eGFR3 study (Aim 4). Working together, with research and clinical stakeholders will support the eGFR study to collect the data needed for Aim 1-3, and we will learn about how we worked in Aim 4. In 2022 we aim to increase the membership of the Aboriginal and Torres Strait Islander Community Governance Group to ensure our good ways of working throughout 2022.

## How we work



Super Governance Meeting, Image Charlie Bliss 2021

### Community Based Researchers

Community Based engagement facilitators have begun work with eGFR3 study. They will start training programs for qualifications and micro credentialling in 2022. This is part of our commitment to increase the knowledge and capacity of health research.

## 2021 Highlights

**The eGFR3 study is now meeting participants in the Top End. We have been working in a Covid safe way to meet with participants by phone, and when possible, face to face.**

### Education Resources

3 short videos have been developed to show eGFR project progress, how the kidneys work as a filter and what eGFR means for individuals. These videos will be made available on the Menzies website and were recommended by the Aboriginal and Torres Strait Islander Community Governance Group.

### Knowledge Sharing

Dr Barr presented about the identification of [new] clinical markers of kidney disease so that treatment strategies can be targeted more accurately (KIM1) at the at the Australian Diabetes Congress.

Dr Barr is looking at how knowledge about inflammation is an important part of the change in kidney function. She shared this at the eGFR Workshop.

## ***eGFR 2021 Highlights***

### **eGFR Covid Safe Workshop**



Dr Jaqui Hughes presents at stakeholder workshop, eGFR3 2021

In August we held a Covid safe workshop for eGFR study stakeholders in the Top End.

The eGFR study is using the information shared by stakeholders to communicate updates. The meeting involved online participants as many areas of Australia had active Covid infections.



Stakeholder workshop, eGFR3 2021

### **Developing Kidney Knowledge**

The research investigators are writing an article about the relationship between socio- economic status and change in kidney function and expect this to be ready for publication and sharing early 2022.

## ***2022 And Beyond***

We will continue to meet with stakeholders and participants in the Northern Territory. In 2023 and 2024 we will visit participants in Queensland and Western Australia (when safe to do so).

eGFR3 team are planning for Covid safe activity including:

- adherence to all public health guidelines
- respect for community priorities that may not include research
- consent and questionnaire completion by phone
- employment of community-based researchers

### ***Thank you***

We would like to thank participants in Darwin who have already completed their assessments with us in 2021.

### ***More information***

A video about the eGFR study is available. Or go to the website, [www.menzies.edu.au/eGFR](http://www.menzies.edu.au/eGFR) scan the QR code, email [eGFR3@menzies.edu.au](mailto:eGFR3@menzies.edu.au) or call the eGFR3 team on 0439 476 888



**The 2021 eGFR3 project team:**

**Leader:** Dr Jaqui Hughes (Principal Chief Investigator)

**Project Manager:** Diana Mosca

**Clinical Research Officer:** Andrea Porteous

**Admin Support:** Anthony Clifford