

# Come Join Us!

## New Wellbeing Approaches: Matching Services to Needs Seminar and Stay Strong App for Smartphone Launch

Menzies' mental health team invites you to attend a 3-hour seminar exploring innovation in Social and Emotional Wellbeing service delivery. Finding new solutions in these challenging times is more important than ever. We are planning a thought provoking and interactive session exploring new models of care, digital solutions, new collaborations and latest research plans.

### Half Day Seminar

#### New Wellbeing Approaches: Matching Services to Needs

A series of 20-minute presentations from Social and Emotional Wellbeing service providers and researchers.

**Date:** 17th November 2021

**Venue:** Auditorium John Matthews Building, Menzies, RDH campus

**Time:** 9am to 12pm

### Stay Strong App for Smartphones Launch

You are also invited to the formal launch of the Stay Strong app for smartphone with the Hon. Natasha Fyles, NT Health Minister.

**Venue:** John Matthews Building Foyer, Menzies, RDH Campus

**Time:** 12pm to 12:30pm

*This lunchtime event includes light refreshments.*

Recent updates to the Stay Strong app for smartphone were funded by INPEX -operated Ichthys LNG joint venture.

[Register your interest here](#)

For more information contact  
[info.aimhi@menzies.edu.au](mailto:info.aimhi@menzies.edu.au)



AIMhi  
**STAY STRONG**



# New Wellbeing Approaches: Matching Services to Needs

## Seminar Program

**Date:** Wednesday 17th November 2021

**Venue:** John Matthews Building Auditorium and Foyer, Menzies, RDH Campus, Darwin

*Online option available - Zoom link will be forwarded to registered participants*

15 minute presentations with 5 minute Q and A.

	Title	Presenter
8:30 - 9:00 am	Coffee/Tea/Networking opportunity	
9:00 - 9:10 am	Acknowledgement for Larrakia country Welcome and Introductions	Patj Patj Janama Robert Mills Professor Tricia Nagel
9:10 - 9:30	YArnhem: Co-designing Social and Wellbeing for Young People in East Arnhem	Dr Oliver Black Research Fellow, Menzies
9:30 - 9:50	How Can Digital Experiences Assist in the Delivery of Health Services	Sam Davies Director Digital Noir
9:50 - 10:10	A New Model of Care: Collaborations with Other Services	Marina Vannucci Clinical Lead - Darwin Head to Health Neami National
10:10 - 10:30	Culturally Appropriate Models of Care	Lyn Jones Principal Aboriginal Mental Health Lead, Child and Adolescent Mental Health Services SA
10:30 - 10:50	Morning tea	
10:50 - 11:10	Flexibility and Creativity in the Delivery of Mental Health Care for Young People and thier Families	Rebecca Creek, Addison Young, Tara Schmidt and Nikita Kearney Headspace Darwin
11:10 - 11:30	Community Mental Health - The Journey	Ella Arslan Coordinator, Peer Educators at TeamHEALTH
11:30 - 11:40	AIMhi-Y App Feasibility Study: Preliminary Findings	Josie Povey and Jaylene Friel Menzies AIMhi team
11:40 - 11:50	Stay Strong app update	Professor Tricia Nagel Menzies AIMhi team
11:50 - 12:00	Wind up discussion	Audience and presenters