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FASD PREVENTION AND HEALTH PROMOTION RESOURCES

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# FASD Prevention and Health Promotion Resources

Introduction

August 2017



# Welcome

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- Welcome to Country
- House keeping
- Introductions
- What would you like to gain from this training?
- Pre-workshop survey



# Overview

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## Introduction

**Module 1: What is 'Fetal Alcohol Spectrum Disorder'?**

**Module 2: Brief intervention and motivational interviewing**

**Module 3: Monitoring and evaluating**

**Module 4: Sharing health information**



# Training aims

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**To enable health services to develop and implement community-driven strategies and solutions to reduce the impact of FASD by increasing:**

- i. Awareness of FASD, and the impact of drinking alcohol, smoking tobacco and substance misuse during pregnancy Module 1
- ii. Knowledge and skills to tailor the use of FASD health promotion and education resources, in line with health service capacity and community needs Modules 2 and 3
- iii. Awareness of, and access to, FASD health promotion and education resources that promote current Australian recommendations and are appropriate for use with Aboriginal and Torres Strait Islander communities Module 4





**Bus Stop**



# Looking after yourself

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**Some of the content in this training may cause you distress.**

**Please feel free to take time out if you need to.**

**See the Helpful Websites section of your Participant Workbook for the contact details of support agencies eg NOFASD Australia and the Russell Family Fetal Alcohol Disorders Association.**





Australian Government  
Department of Health



**The FASD prevention model presented in this training package is based on the Ord Valley Aboriginal Health Service (OVAHS) FASD Prevention Program which has been running since 2008<sup>1</sup>.**

**We are grateful for the support and experience from OVAHS Board of Directors and CEO. The willingness of OVAHS employees, Jane Cooper and Jenni Rogers, to share their knowledge and expertise has been integral to the development of this training package.**



## The FASD Prevention and Health Promotion Resources Package was developed by:

- Menzies School of Health Research
- Ord Valley Aboriginal Health Service (OVAHS)
- National Aboriginal Community Controlled Health Organisation (NACCHO)
- Telethon Kids Institute (TKI)

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