

PARTICIPANT INFORMATION SHEET

Exploring gamblers perceptions of harm minimisation and health promotion

This Is for You to Keep

Menzies and NT Department of Health Human Research Ethics Committee approval number: 2019-3294

Principal Investigator: Dr Matthew Stevens

Dear Participant,

You are invited to participate in the study described below.

What is the study about?

This study will explore peoples' attitudes towards gambling and factors associated with excessive gambling and help-seeking, among gamblers and those affected by someone else's gambling problems.

Who is undertaking the study?

This study is being conducted by the Menzies School of Health Research, as part of the 2018 Gambling Prevalence and Wellbeing Survey. The study has been funded by the Northern Territory Government's Community Benefit Fund.

Why am I being invited to participate?

You are being invited as you participated in the 2015 and/or 2018 Gambling Prevalence and Wellbeing Surveys and agreed to be recontacted to participate in future research projects.

What am I being invited to do?

You will be asked questions on what you think about problem gambling risk, gambling activities, excessive gambling and help-seeking. There is no right or wrong answer to any of the questions, so please feel free to express your views. For your convenience, you will be interviewed by telephone unless you opt for a face-to-face interview. If you agree, the interview will be audio-taped, as it will help us not miss any information you provide during the interview and will also help us to analyse the information.

How much time will my involvement in the study take?

We expect the interview will take between 30 and 50 minutes to complete. You will be provided with a \$50 voucher from a choice (e.g. Woollies, Coles, K-Mart, Big-W) for your involvement in this research, as a token of appreciation and a compensation for your time.

Are there any risks associated with participating in this study?

The only foreseeable risk associated with your participation in the study is that some questions and discussion may upset you. If you feel upset or uncomfortable at any time during the interview, please pause and take your time, and if you do not want to answer a question, that is fine. If you would like to talk further with someone about your or someone else's gambling or other issue, you may contact Amity Community Services on 1800 858 858 - 24 Hr Toll Free helpline, and Lifeline on 13 1114.

What are the potential benefits of the study?

It is expected that NT residents will benefit directly or indirectly from the study's results. The information will help government, industry, and service providers to develop policy and programs to minimise gambling-related harm in the community.

Can I withdraw from the study?

Yes, if you choose to withdraw, you can do so at any time. There will be no negative consequences if you withdraw.

What will happen to my information?

No identifiable information you provide us in interviews will be stored. All information collected in the study will be kept on password protected computers and will only be available to the research team for analyses. Your name and other personal details will not be made public and nothing written in the Report will link you personally to the study. You have the option in the consent form, of providing an email/postal address, if you ask to be kept informed about the study.

Who do I contact if I have questions about the study?

You may contact the following persons if you have questions about the study:

- 1) Dr Matthew Stevens: Matthew.stevens@menzies.edu.au; (08) 8946 8524
- 2) Dr Himanshu Gupta: Himanshu.gupta@menzies.edu.au; (08) 8946 8597

What if I have a complaint or any concerns?

This study has been approved by the NT Department of Health & Menzies School of Health Research Human Research Ethics Committee (approval number 2019-3294). The study will be conducted according to the NHMRC National Statement on Ethical Conduct in Human Research (2007).

If you have questions or problems associated with your participation in the study or wish to raise a concern or complaint about the study, you may like to contact Matthew or Himanshu. If you wish to speak with an independent person regarding concerns or a complaint, please contact the Human Research Ethics Committee's Secretariat on:

Phone: 08 8946 8600

Email: ethics@menzies.edu.au

Post: Menzies School of Health Research
PO Box 41096
Casuarina NT 0811

Any complaint or concern will be treated in confidence and fully investigated. You will be informed of the outcome.

Yours sincerely,



Dr Matthew Stevens (Principal Investigator)