

Participant Information Sheet

2018 Northern Territory Gambling, Health and Wellbeing Survey

About the research team

- This research is being conducted by Menzies School of Health Research, who are a research institute located in Darwin. Menzies asked Roy Morgan Research to undertake telephone interviews for this project. Roy Morgan Research carried out the interviews for the 2015 survey and manage the National Drug Strategy Household Survey, the Household, Income and Labour Dynamics in Australia Survey and are very experienced in conducting these types of surveys.

About the project

- The survey updates a previous NT study on gambling (2015), and will provide the NT government and other stakeholders with an up-to-date description of gambling participation, problems gambling risk, harms from gambling and service use in the NT.
- The research involves telephone interviews with around 5,000 adults residing in NT households.
- The project is funded by the Northern Territory Government Department of Attorney General and Justice through the Community Benefit Fund, which is an independent statutory body responsible for distributing government revenues associated with the collection of a 10% tax on pokies in pubs and casinos in the NT.
- The results will be summarised in a report written for the NT CBF. Research findings, including this report, will be available on the Menzies website (www.menzies.edu.au) and the Northern Territory Government Department of Business website. The findings from the research will also be published in academic journal articles, fact sheets, student reports/theses and presented at conferences.

What does the research involve for you?

- The survey also asks questions about health, wellbeing and attitudes towards gambling from everyone, regardless of whether they gamble or not.
- Taking part is voluntary, you can stop, skip questions or have your responses deleted at any stage during the interview. If you decide to withdraw during the interview your data will be deleted automatically.
- The interview could take just 5 minutes or it could take up to 20 minutes depending upon your circumstances. Arrangements can be made to do the interview at a time that is convenient for you.
- The interview will not be recorded, with your answers simply stored as numeric codes. However, 5% of interviews will be monitored for quality purposes. You will be given the opportunity to refuse the monitoring of your interview or not.
- Whether you decide to be interviewed or not, this will not affect your current or future access to any service providers.

Why was I selected?

- Phone numbers for this survey are selected using a process that generates telephone numbers at random from across the whole of the NT. This is how your household was selected for the study.
- We want to make sure our sample represents adults in the NT community. To achieve this, we randomly select one person from each household on the basis of their date of birth. This is why we ask to speak to the person aged 18 years or over in your household who had the most recent birthday.
- A sample of mobile phones using a list owned by Roy Morgan Research is also being used to improve the quality of the survey sample. The list of mobile phone numbers available for the 2018 survey is substantially

larger than the one used for the 2015 survey, which will improve the accuracy and reliability of estimates generated from the survey.

How is my confidentiality protected?

- The information you provide will be treated in strict confidence and abide by all privacy laws.
- On completion of the interview, you will be asked if you are willing to be contacted for future gambling-related research conducted by Menzies and whether you consent to having your survey record linked to the 2015 survey (if you participated in it). Linkage with the previous survey will be done anonymously by Roy Morgan Research, and Menzies is only provided with a de-identified data set. This is completely voluntary.
- Roy Morgan Research will separate any contact details you provide from your survey responses before sending your data to Menzies. Roy Morgan Research will then delete your information, and only the Menzies research team will then have access to this information and you will only be contacted for their research purposes.
- You can change your mind and have your contact details deleted at any time by contacting the Menzies Project Manager. You can also have your data deleted at any stage until it becomes processed (the results are written up and published).
- The research findings will not reveal the identity of any of the people who are interviewed for the study, nor report any answers or comments given by individual respondents. All the results will be presented in the form of summary statistics.

What happens to my data?

- The information from your interview will be kept in a secure place and protected by password at Roy Morgan Research and Menzies offices. At Menzies, your contact information will be securely stored separate from your survey answers. They can only be identified by a unique identification number.
- Menzies is required to keep the data for at least five years after we publish any findings. However, by comparing the findings with future surveys we can look at how gambling changes over time in the NT. So the data will prove useful, and be kept securely, for a longer time period.

Queries, concerns and support

- If you would like to contact the researchers about any aspect of this study, you can telephone the Project Manager, Matt Stevens on 08 8946 8524 or email matthew.stevens@menzies.edu.au.
- Counselling information and support for gambling related problems is available 24 hours a day, 7 days a week by phoning 1800 858 858 (free call) and via an online service www.gamblinghelponline.org.au. A more detailed list of support services is also available on this website.
- Crisis counselling information can be obtained by phoning Lifeline on 13 11 14 (free call), and the Domestic Violence Helpline on 1800 737 732 (free call)

Ethical concerns and queries:

- The ethical aspects of this research have been approved by the Human Research Ethics Committee of the Northern Territory Department of Health and Menzies School of Health Research (Ref #: 2018-3212).
- If you have any concerns or complaints about how this research has been conducted, please contact: Ethics Manager, Human Research Ethics Committee of the Northern Territory Department of Health and Menzies School of Health Research. Telephone: +61 8 8946 8687 Email: ethics@menzies.edu.au