

Wellbeing Intervention for Chronic Kidney Disease: A randomised controlled trial of the Stay Strong App

WICKD Study Update

March 2018

**Total
Number of
Recruits:
140**

Participant recruitment and follow-ups are ongoing in Darwin and Alice Springs.

- Darwin Recruits: 65
- Alice Springs Recruits: 75



Contact:

Menzies School of Health Research
www.menzies.edu.au

Darwin team contact: Josie Povey
Phone: 08 8946 8487
Josie.Povey@menzies.edu.au

Alice Springs team contact: Michelle McGuirk
Phone: 08 8959 5384
Michelle.McGuirk@menzies.edu.au

Indigenous Patient Voices - Finding Solutions for Chronic and End Stage Kidney Disease.

Released in February 2018, this report relates to the findings of the inaugural Indigenous patient voices symposium. In the forum patients and carers raised awareness overwhelming loneliness, distress, isolation that many Indigenous people experience being treated for chronic kidney disease. The Meeting looks to find solutions and reforms within the current CKD pathways and discussing key topics with key stakeholders to ensure accountability.

Placing a client, family and community perspective on CKD services and how they are currently provided can strengthen reform. Link to the report below ([Video](#) and [Report](#)) can be found on the Menzies Web page.



New WICKD Project Staff

We wish to welcome Catherine (Cathy) Stassi, who has joined the AIMhi/WICKD study team as an Indigenous Research Officer based in Darwin. From the Tiwi Islands, she is a grandmother of 18 and great grandmother of 1. She is an artist and has been an Aboriginal Mental Health Worker for 3-4 years. She has also had experience working in research, counselling and other roles for a long time. We are really enjoying having Cathy on board.



Cathy Stassi

Christabel Lewis



We also welcome Christabel Lewis who has joined the AIMhi/WICKD study team as a Project Coordinator. She moved up to Darwin from Adelaide 4 years ago to start her career as an Occupational Therapist. She has particular interests in working with culturally and linguistically diverse people and of the development of resilience and wellbeing in communities. She also works at headspace Darwin as a Youth Mental Health Clinician.

Gloria Baliva is based in Alice Springs and has been working in the Alice Springs Hospital as part of the Opt In Project, where she works as an Indigenous Research Officer investigating the treatment of acute symptomatic Wernicke-Korsakoff syndrome among alcohol-dependent patients. Gloria is working casually with the WICKD team doing recruitment and assessments in Alice Springs. Welcome Gloria!

Gloria Baliva



WICKD Project Staff

Kylie Dingwall, Chief Investigator, Alice Springs
Tricia Nagel, Chief Investigator, Darwin (On leave)
Michelle Sweet, Senior Project Coordinator, Alice Springs
Michelle McGuirk, Project Coordinator, Alice Springs
Josie Povey, Project Coordinator, Darwin
Christabel Lewis, Project Coordinator, Darwin
Robert Mills, Indigenous Project Officer, Darwin
Philadelphia Hughes, Indigenous Project Officer, Darwin
Phillip McGuinness, Indigenous Project Officer, Darwin
Cathy Stassi, Indigenous Project Officer, Darwin
Kevin Collins, Indigenous Project Officer, Alice Springs
Gloria Baliva, Indigenous Project Officer, Alice Springs

