

Wellbeing Intervention for Chronic Kidney Disease: A randomised controlled trial of the Stay Strong App

October 2017

**Total
Number of
Recruits:
107**

WICKD Study Update

Participant recruitment and follow-ups ongoing in Darwin and Alice Springs.

- Darwin Recruits: 52
- Alice Springs Recruits: 55



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Poem Excerpt from a dialysis patient

My wife always stands by me
She lovingly cares for me
Three times a week always there
Giving me soft tender love and care

My loving wife makes me smile
She is as innocent as a small child
She is the perfect woman everyone's dream
My partner for life is a dialysis machine



New Project Staff in Alice Springs

Kevin Collins lives in Alice Springs with his wife and 6 children. Kevin was originally born in Darwin but moved between Alice and Darwin for most of his childhood. As an avid AFL player, his young adult life was spent on tour with AFL teams across Australia before returning to his homelands in Yama/ Snake Well. He completed a traineeship as a carpenter and also spent 14 years as part of Job Network agencies and worked as a consultant in WA and NT. Since becoming part of the WICKD team as an Indigenous Research Officer, Kevin has been regularly working with participants and acts as a cultural advisor for the team.



Kevin Collins

Michelle McGuirk



After working 16 years with the NT Department of Health, it is great to have a change of direction with AIMhi Stay Strong projects. I am a long term resident of Alice Springs, having worked in the alcohol and drug sector, mental health and more recently as the Clinical Manager for TeleHealth NT. I bring with me experience from both a clinical and technical perspective.

My qualifications include Bachelor of Nursing (CDU), Masters in Public Health (Flinders), Graduate Certificate in Business (QUT), Certified Health Informatician Australasia (CHIA) and I am also an executive member of the Australasian Telehealth Society. I have had significant experience in adapting technologies into clinical practice and working with Menzies will be an excellent opportunity to increase evidence for the use of mHealth tools.

WICKD Project Staff

Kylie Dingwall, Chief Investigator, Alice Springs
Tricia Nagel, Chief Investigator, Darwin (On leave)
Michelle Sweet, Senior Project Coordinator, Alice Springs
Michelle McGuirk, Project Coordinator, Alice Springs
Josie Povey, Project Coordinator, Darwin
Maiyshla Chunwan, Project Coordinator, Darwin
Stef Puszka, Project Coordinator, Darwin
Jasmine Christie, Project and Administrative officer, Darwin
Robert Mills, Indigenous Project Officer, Darwin
Philadelphia Hughes, Indigenous Project Officer, Darwin
Phillip McGuinness, Indigenous Project Officer, Darwin
Kevin Collins, Indigenous Project Officer, Alice Springs

