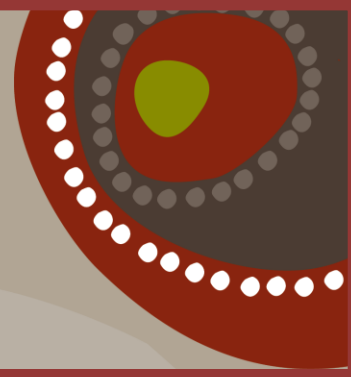


AIMhi Stay Strong News



December 2016

*Seasons Greetings
&
Best wishes 2017
from the
Stay Strong Team!*

Welcome to the team!

Kylie Hampton is a local Aboriginal woman who has lived in Wave Hill, Kalkaringi as a child. She has completed a bachelor degree in applied Science majoring in Indigenous community management and development through Curtin University, and has worked as a trainer and assessor in both Cert. II and III business for Charles Darwin University (CDU) and the Department of Education.



Philadelphia Hughes was born in Darwin where she has spent her whole life. She is currently a CDU psychological science student with plans to study medicine in the future. She is also a CDU Student Ambassador, project officer for ShoutOut and an Indigenous Student Cadet for the Department of Health. Her main passions are education and health.



Maiyshla Chunwan is from Mauritius, she has recently moved to Darwin. She has a Master of Public Health from Curtin University and has previously worked as Drug & Alcohol Prevention Officer for Hope Community Services in Kalgoorlie. Her main interests are health promotion & youth mental health.



Both Kylie and Philadelphia are Indigenous Project Officers and Maiyshla is Project Coordinator in the Stay Strong Team at Menzies in Darwin.

Mental Health Week in Alice Springs



Menzies was represented by our Alice Springs research team members (Michelle and Megan) who held a stall at the 'Stress Less in the Park' community event organised as part of Mental Health Week (Oct 2016).

Networking, education and the promotion of e-Mental Health in general, and the Stay Strong App in particular, occurred amongst the bright hair spraying of kids from the local schools who attended the event. Organisers reported feedback from the day was overwhelmingly positive and a record turnout.

Stay Strong – Useful Links
[Stay Strong App User Guide](#)
[Stay Strong App Demo](#)



Thanks to all of our collaborators, expert advisors and trainees. We look forward to continuing to work with you in 2017!



Menzies School of Health Research
www.menzies.edu.au
Phone: 08 8946 8422 (Darwin)
Phone: 08 8951 4745 (Alice Springs)

