

## Module 01

### **POPULATION HEALTH, PRIMARY HEALTH CARE AND CONTINUOUS QUALITY IMPROVEMENT**

#### Optional task

#### Individual reflection or group discussion

Reflect on the following questions and note the most important points.

1. Use key principles of population health to list or discuss what is involved in primary health care staff shifting their view from a 'downstream' individual clinical focus, towards an 'upstream' population health focus for one of the following conditions: Type 2 diabetes, childhood anaemia, depression.
2. List at least five principles of continuous quality improvement. Note the knowledge and skills you need to develop in order to use CQI processes in your role.

If possible, arrange a group discussion with colleagues who have completed the module.

*Tip: Your local CQI facilitator or professional development coordinator may be able to arrange or facilitate the group.*