

Indigenous Inequities and Stomach Cancer in New Zealand

Virginia Signal, PhD Candidate Diana Sarfati, Kevin Dew, Jason Gurney, Jonathan Koea

Why Study Indigenous Inequities in Stomach Cancer?

Compared to non-Māori, Māori have

- Higher incidence & mortality
- Worse survival
- Different patterns of care for other cancers

YET no population-level stomach cancer studies based on good data & little known about the NZ treatment pathway



About this Study

- Part of a wider study C3: Cancer, Care & Comorbidity
- Māori-centred
- Two sequential phases
 - Identify the issues (Quantitative)
 - Review of 335 individual patient notes
 - Identify solutions (Qualitative)
 - 15 Key informant interviews



Quantitative Results: Similarities

- Stage & grade
- Waiting times through the pathway
- Proportions of patients with curative surgery and chemotherapy (Stage I – III)
- Proportions of patients with radiotherapy and palliative care (Stage IV)

Ref: Indigenous inequities in the presentation and management of stomach cancer in New Zealand: a country with universal health care coverage (2014) Signal et al. in Gastric Cancer



Quantitative Results: Differences

- Age, SES, Rurality, Comorbidity & Gender
- Tumour site & surgery type
- Māori less likely to:
 - Have specialist upper GI surgeon
 - Have surgery in a main centre
 - This remained when stratified by surgery type and centre type
- Non-significant 30% poorer survival, adjusted



Qualitative Results: Key Informants

- Mono-cultural focus of health care services
- Inconsistent delivery of cancer services
- Comorbidity increases complexity of an already complex disease



Solutions: Health System Level

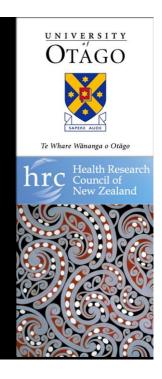
- Address mono-cultural focus
 - Strengthen equity focus
 - Whānau involvement & holistic approach to health
 - Resource community-based Māori providers in cancer
- Address inconsistent service delivery
 - Cancer Service Provision Standards
 - Clinical audit tools such as the ANZGOSA surgical audit
 - Shared care across DHBs & Generalist/Specialist support
- Better manage patient comorbidity
 - Primary and secondary care



Acknowledgements

- Indigenous peoples who carry a greater burden of stomach cancer, especially the people whose data make up this study
- Supervisors
 - Diana Sarfati
 - Jason Gurney
 - Jonathan Koea
 - Kevin Dew
- The wider C3 study team and advisors
- The Jagara and Turrbal nations
- And the WICC organisers

virginia.signal@otago.ac.nz







Summary

- Differences between Māori and non-Māori
- Equitable care needs a range of interventions encompassing both Māori-centred and improvements to the treatment pathway
- These findings may provide insights into indigenous stomach cancer inequity in other countries



Qualitative Results

- Similar interventions to improve cancer services for Māori
- Multilevel and comprehensive approach needed
- Literature supports the key informant results
- Qualitative supports the quantitative



Survival also looked different

Stomach Cancer Specific : Total Cohort (Stage I-IV)

Adjusted for:	HR	95% CI
Unadjusted	1.02	0.79 to 1.31
Demographic Factors Age & Sex	1.08	0.82 to 1.41
Disease Factors Stage &Tumour site	1.28	0.96 to 1.69
Comorbidity Patient Comorbidity	1.25	0.94 to 1.66
Health Care Access NZDep & Rurality	1.30	0.96 to 1.76



Study strengths

- Clinical note review allowed detailed comparison
- 5 unstaged patients vs 101 unstaged in NZCR data
- Equal numbers Māori and non-Māori
- Qualitative findings supported the quantitative

and weaknesses

 Small sample size – 46% (Stage IV) excluded from some analyses



Quantitative Methods

- Examine & compare Māori/non-Māori stomach cancer presentation, treatment and survival
- Review of individual patient notes
 - Equal number Māori and non-Māori
 - Diagnosed 2006-2008
 - Final cohort = 335
 - Data on patient, disease and treatment factors
- Cancer registry & mortality dataset



Solutions: Health Care Process Level

- Communication between services
 - Pt navigation/care coordination
- Patient provider communication
 - Clinical audit tools i.e.ANZGOSA surgical audit
- Cancer workforce
 - Develop knowledge of equity and determinants of health
 - Employ more Māori within cancer care & governance
- Health literacy
 - Implement recently released NZ framework & guide





- Recommendations
 - Primary prevention Housing & H. Pylori eradication?
 - Early detection or screening of high risk populations?
 - Equitable access to specialised surgical treatment?



Why are there ethnic inequities in cancer survival?

More aggressive/ advanced tumours?





Patient comorbidity?

Health care quality and/or access?



Qualitative Methods

- Further examine the stomach cancer treatment pathway and consider interventions
- 15 Key Informant interviews
- Thematic analysis
- Review of intervention literature

