

# An indigenous Māori presence in policy, governance and action



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# Research - what was missing or needed for Māori?



- 1999 Ko tō rourou. Ko taku rourou, ka ora te iwi:
- The Needs of Māori Affected by Cancer Kokiri Marae Keriana Olsen Trust
- 2002 Cancer Control Issues for Māori Patiki Associates
- 2005 Access to Cancer Services for Māori Wellington School of Medicine and Health Sciences
- 2008 Evaluation of CanSupport Services Joanne Doherty, Doherty & Associates



### **Wellington Cancer Society Board**



- 2011 Māori members on Board 0
- 2013 Māori members appointed 3
- 2015 Pasifika member appointed 1
- · Use internal and external advocates
- Educate, raise awareness, lobby





#### **Authentic Governance**



Critical Success factors

- Identify key supporters
- Build relationships
- Like minds need to be confident and work together, be committed and keep going





## Mātātuhi Ārahi - a Service Plan for Māori in 2009



- Treaty of Waitangi
- Research Recommendations
- Data Unequal Impact of Cancer for Māori
- NZ Cancer Control Strategy & Action Plan
- Cancer Society Strategic goals





Tribal leaders Dr Kara Puketapu from Te Atiawa and Kingi Tuheitia from Tainui



# 8 Key Objectives - Mātātuhi Ārahi



- 1. Ethnicity data
- 2. Relationships with Mana Whenua and Māori Health Providers
- 3. Increase Māori leadership governance and operations
- 4. Education and training





# Key Objectives - Matatuhi Ārahi



- 5. Improve Access to Psychosocial Support for Māori and their whānau
- 6. Reflecting the Cultural Diversity of the Community
- 7. Appropriate Health Promotion Resources for Māori
- 8. Work Collaboratively with Providers of Services to Māori and their Whānau



#### Te Roopu Tautoko



- Advisory and Action group
- Monitors Mātātuhi Ārahi
- · Advises Board and staff
- Māori Board members, staff and others
- Meets quarterly
- Examples:
  - Building Signage
  - Tikanga Māori Best Practice Policy,
  - Reception area





# **Tikanga Best Practice Policy**

Tikanga - about principle, values and spirituality.

- right, correct Tika

- plural, more than one Ngā Tikanga - to do many right things

Doing the RIGHT thing, with the RIGHT people in the RIGHT way.





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#### **Tikanga Best Practice Policy**



- •helps Cancer Society provide culturally responsive services to Māori
- •underpinned by Māori values, protocols, concepts, views of health and the Treaty of Waitangi
- •best practice standards of care for everyone, regardless of ethnicity



#### Kia ora - E te iwi



Invitation from Cancer Society to Māori to change and adapt the **Living Well Programme** to be 'by Māori for Māori'







#### Kia ora - E Te Iwi

Support Māori with cancer **and** their whānau (family) to:

• Have confidence to discuss common concerns - in a safe setting.

•Increase their knowledge of cancer My brothers and its treatments.

Gavin (top) and Clive







#### Kia ora - E Te Iwi



- Increase their knowledge of oncology services.
- Develop the confidence to ask questions and learn from each other.



My first cousin Bernard – died at 48yrs

• Build on coping skills - practical, emotional and spiritual.





#### Kia ora - E Te Iwi



Ongoing Challenge for Cancer Society to

- •Accept the changes and process for Māori
- •Remain supportive and involved
- Continue funding support (critical commitment)

"The Cancer Society in Wellington was awesome at putting the word out and supporting Kia Ora - E te iwi"





# Kia ora - E Te lwi - comments from attendees



'Cancer is not a six week course so being able to attend **Kia Ora - E te iwi** for as long as my whānau needs it, is important'

**Kia ora - E te iwi** is basic and real - it's about today - not yesterday or tomorrow









# Kia ora - E Te lwi - comments from attendees



"Kia Ora - E te iwi is spiritual, physical and emotional - most cancer services are just physical."

"It allowed us to manage and understand what we were in for."





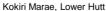


#### Kia ora - E Te lwi - comments from attendees



"Oncologists who attend can receive a lot of clues and tips about changing their practice to be more responsive to Māori whānau (families) ..."







# In conclusion ...



"Nā tō rourou, nā taku rourou, ka ora ai te iwi."



"With your food basket, and my food basket, the people will thrive."





