One21seventy provides a health promotion Continuous Quality Improvement (CQI) system that is designed to benefit Aboriginal and Torres Strait Islander communities and can be used by a range of service providers.

The One21seventy health promotion tools were developed using the best available research evidence and have been rigorously tested in Aboriginal and Torres Strait Islander settings to ensure they are practical and user friendly.

The health promotion CQI tools enable service providers to:
- systematically describe and assess how well activities and projects align with good practice
- assess how well organisational systems are functioning
- plan how to improve systems that support good practice

**Health promotion audit tool**

The health promotion audit tool is structured around five key elements of good health promotion practice. The elements come together to form a health promotion planning cycle, with community participation central to successful practice (Figure 1). Data are collected for each element:

**Planning**
- information gathering
- recording of health promotion plans

**Targeting**
- target groups, including gender based groups
- settings for health promotion
- specific health and lifestyle issues

**Community participation**
- participation in identifying needs, planning, implementing and evaluating

**Partners**
- in the local community
- beyond the local community
- beyond the health sector

**Evaluating**
- indicators used to measure progress and change

The information provides a picture of the scope and quality of health promotion in your service.

An accompanying protocol explains the elements and guides the team in how to use their records of health promotion activities to complete the audit.
Health promotion systems assessment tool

The health promotion systems assessment tool is structured around four system components that influence the delivery and quality of health promotion:

- service delivery system
- information systems and decision support
- organisational environment
- adaptability and integration of systems

A Facilitator’s Guide supports facilitation of team discussion and scoring.

Health promotion audit report

One21seventy provides a secure web-based reporting system. Audit and system data are entered into the secure website and collated reports including graphs, tables and descriptive text are generated automatically. Ownership of the data remains with the service or provider.

The report includes questions to guide team discussion on local data interpretation and assist in identifying priority areas for improvement. With each completed CQI cycle, the report shows changes in the quality of health promotion and system development over time.

Other benefits

- can improve knowledge of the elements of good practice for effective health promotion
- capacity to benchmark your service’s health promotion at cluster, state/territory and national levels
- brings staff together to focus on health promotion
- suitable for any size service or health promotion project
- web-generated reports can be adapted and used for a variety of information-sharing and reporting purposes
- additional training and facilitation support on request
- contributes to the growing evidence base of effective health promotion activities in Indigenous communities in Australian and international contexts

One21seventy services

One21seventy delivers a CQI system developed specifically to support high quality comprehensive primary health care for Aboriginal and Torres Strait Islander people. Practical tools and processes provided for CQI include:

- audit tools and protocols
- organisational systems assessment tools
- a Helpdesk service, including a toll-free phone number
- on-line services for data interpretation and reporting
- training in use of the tools
- facilitation and resources for action planning and goal setting
- other services upon negotiation

Other resources

- report interpretation guide
- templates for CQI goal setting and action planning
- other services upon negotiation

Why undertake CQI in health promotion?

Continuous quality improvement approaches can strengthen health promotion by improving quality and supporting systems development for health promotion practice. The use of modern CQI methods can help your service to deliver effective health promotion.

Other resources

- report interpretation guide
- templates for CQI goal setting and action planning
- recommended resources for health promotion planning, implementation and evaluation

Why undertake CQI in health promotion?

Continuous quality improvement approaches can strengthen health promotion by improving quality and supporting systems development for health promotion practice. The use of modern CQI methods can help your service to deliver effective health promotion.

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The name ‘One21seventy’ reflects the Centre’s commitment to increasing life expectancy for Aboriginal and Torres Strait Islander people beyond One in infancy, 21 in youth, and seventy in the lifespan.