A PROGRAM CALLED NO SMOKES: YOUTH, COMMUNITY AND PRIMARY CARE WORKERS STAY OFF THE MOKES

Social Messaging

Using online to get the No Smoking word out

No Smokes anti-smoking campaign was developed by a collaboration of health professionals, educators, community leaders and volunteers. The campaign focuses on preventing young people from starting to smoke and helping those who already smoke to quit. The campaign includes a variety of online and offline messages, targeting younger audiences through social media, websites, and community events.

The No Smokes website is designed to be user-friendly and engaging, with a range of interactive elements such as games, quizzes, and videos. The website also features stories from young people who have successfully quit smoking, providing inspiration and motivation for others to follow their example.

Through the website, users can access information on the health effects of smoking, the benefits of quitting, and the resources available to help them give up smoking. The campaign also encourages people to share their own experiences and stories, creating a community of support and encouragement.

The No Smokes website is a valuable resource for anyone seeking to make a change and live a healthier, smoke-free life. Whether you're a young person starting to smoke or an adult looking to quit, the No Smokes website offers the tools and support you need to take control of your health and make a positive change today.