

Mental Health:Aboriginal Birth Cohort Study: Wave4

Assessing the emotional wellbeing of cohort members at age 23-28, as it relates to resilience, cultural connection, community wellbeing and markers of chronic diseases

Summary:

The Aboriginal Birth Cohort (ABC) is the longest and largest prospective cohort study of Aboriginal people in Australia, with 686 participants and now in its 26th year. The core objective of this study is to examine the effect of early life events on later health and disease. It is based on the principle that susceptibility to poorer health in adulthood is a dynamic process that begins in utero and occurs over the life course. The study is commencing the fourth wave of data collection in over 40 urban and remote communities across the Top End, when participants will be aged 23-28.

In conjunction with the core ABC study research team the student will visit select communities both urban and remote. Through questionnaires and interviews an assessment of participants mental health status including resilience, cultural connection and the community wellbeing will be obtained. This information can then be related to biomarkers of chronic diseases obtained by the core research team

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Nutrition: Aboriginal Birth Cohort Study: Wave4

Assessing the nutritional intake of cohort members at age 23-28, relationship to socioeconomic factors and markers of chronic disease.

Summary:

The Aboriginal Birth Cohort (ABC) is the longest and largest prospective cohort study of Aboriginal people in Australia, with 686 participants and now in its 26th year. The core objective of this study is to examine the effect of early life events on later health and disease. It is based on the principle that susceptibility to poorer health in adulthood is a dynamic process that begins in utero and occurs over the life course. The study is commencing the fourth wave of data collection in over 40 urban and remote communities across the Top End, when participants will be aged 23-28.

In conjunction with the core ABC study research team the student will visit select communities both urban and remote. Through questionnaires and interviews an assessment of nutritional intake and factors affecting food availability and consumption will be obtained. This information can then be related to biomarkers of chronic diseases obtained by the core research team

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