

Mental Health and Diabetes: Strong Minds, Healthy Futures



Tina Brodie is an Aboriginal Post-Doctoral Researcher living and working on Kaurna Country at South Australian Health and Medical Research Institute's Wardliparingga Aboriginal Health Equity theme. She has 17 years of experience in clinical, project, and leadership roles in Aboriginal health. Her research explores social and emotional well-being, and the social determinants of health.



Allison Dart is an Associate Professor at the University of Manitoba, and a Paediatric Nephrologist and Clinician Researcher at the Children's Hospital Research Institute of Manitoba. Her research focuses on the determinants of chronic kidney disease in children and improving outcomes in children living with type 2 diabetes and Indigenous populations.



Neil Wilkshire is a Warrumungu, Warlmanpa, Luritja, and Arrernte man with family connections in Tennant Creek, Finke, Alice Springs, and across Central Australia. He was diagnosed with diabetes at 18 months, later experienced renal failure, and was the first person in the Northern Territory to receive both a kidney and pancreas transplant.



Ben Mack is an Arrernte and Arabana man. He was morbidly obese with diabetes, high blood pressure, thyroid disease, and chronic obstructive sleep apnea. Doctors advised he would not live to be 40 if he did not lose weight. Ben has since reversed all health complications, is now running ultra-marathons and living his best life!



Norlisha Bartlett is a Bardi and Jabirr-Jabirr woman from the Kimberley. Norlisha has spent the last nine years working in remote communities in the Northern Territory and Western Australia, including work in the Diabetes Partnership. She will share her lived experience with family suicide, mental health, and challenges navigating the mental health system.

2023 Annual Educational Symposium

DATE

Friday, 3 November 2023

TIME

8:00am - 4:00pm ACST

PLACE

JMB Auditorium,
Menzies School of
Health Research,
Royal Darwin Hospital
Campus, Corner of
Nightingale and
Paracelsus Road,
Tiwi, NT 0810

[diabeteslifecourse.org.au](https://www.diabeteslifecourse.org.au)

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HERE**

<https://www.stickytickets.com.au/PY571>



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Join us in-person at
Menzies School of Health
Research in Darwin, at
one of our satellite sites
in Alice Springs and
Cairns, or online



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HERE



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